

USTRIDE'S Spotlight Programs Guide

High-Impact Training for Professionals & Organizations

@ElvinaUstride



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Program Guide Overview

USTRIDE's Spotlight Programs are immersive, results-driven training experiences designed to accelerate professional growth, refine essential skills, and drive measurable impact—whether for individuals, teams, or entire organizations. Each program is modular, customizable, and grounded in real-world application, ensuring immediate ROI in performance, leadership, and customer engagement.





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1. High-Impact Customer Service for Clinics & Patient Care

For: Healthcare professionals, front-desk staff, patient care teams

Duration: 2 Days (6 hours)| **Format:** Workshop + Role-Play

Key Takeaways:

Build trust-based patient interactions
 Master empathetic complaint resolution
 Develop clear, compassionate communication under pressure

✓ Foster a patient-first service culture

Ideal For: Hospitals, clinics, dental practices, and wellness centers









2. Corporate Communication & Outbound Telemarketing (BPO)

For: Sales teams, call center agents, lead generators

Duration: 2 Days (6 hours) | **Format:** Online/Offline + Live Drills

Key Takeaways:

Cold calling mastery – structure, tone, and confidence

Objection handling – turning resistance into opportunity

Voice modulation & persuasive pitch techniques

 \checkmark Closing strategies that boost conversion rates

Ideal For: BPOs, sales teams, lead generation specialists









3. Corporate Communication & Personality Development

For: Mid-level professionals, managers, client-facing roles

Duration: 3 Days (8 hours)| **Format:** Interactive Sessions + Feedback

Key Takeaways:

Verbal & non-verbal communication excellence
 Public speaking & presentation confidence
 Emotional intelligence & self-awareness
 Grooming, body language & executive presence

Ideal For: Corporate employees, team leaders, entrepreneurs









4. Pre-Process Training for BPOs

For: New hires, customer support agents

Duration: 2 Days (6 Hours)| **Format:** Role-Plays + Process Walkthroughs

Key Takeaways:

- BPO industry & customer expectations
- Business communication & email etiquette
- Voice clarity & accent neutralization
- Professionalism & teamwork essentials

Ideal For: Call centers, IT support, back-office teams









5. Communication, Team Building & Business Planning

For: Managers, project leads, cross-functional teams

Duration: 3 Days (8 hours)| **Format:** Case Studies + Group Exercises

Key Takeaways:

- Strategic communication for alignment
- Conflict resolution & team synergy
- ✓ Workflow planning & prioritization
 - Efficiency-driven execution

Ideal For: Corporate teams, startups, operations managers









6. Pre-Process Training for US/UK Live Transfer (BPO)

For: Telemarketers, sales agents handling Western markets

Duration: 2 Days (6 hours)| **Format:** Mock Calls + Cultural Training

Key Takeaways:

Accent neutralization & speech clarity
 US/UK customer behavior insights
 Handling live objections & quick transitions
 Compliance & call etiquette mastery

Ideal For: International BPOs, sales teams









7. Customer Service Excellence

For: Support teams, retail, hospitality, service managers

Duration: 2 Days (6 hours)| **Format:** Scenario-Based Learning

Key Takeaways:

Customer journey mapping & service mindset
 Emotional intelligence in service delivery
 De-escalation & difficult customer management
 Follow-up & brand loyalty strategies

Ideal For: Retail, e-commerce, hospitality, healthcare









8. Front Office Excellence —Hospitality

For: Hotel staff, receptionists, guest relations

Duration: 2 Days (6 hours)| **Format:** Live Simulations + Feedback

Key Takeaways:

Guest handling & first impressions Hospitality-specific communication

- Graceful complaint resolution
- Queue & time management

Ideal For: Hotels, resorts, event management









9. Mastering Self-Introduction & First Impressions

For: Job seekers, networkers, executives

Duration: 1 Day (4 hours)| **Format:** Drills + Video Feedback

Key Takeaways:

- Elevator pitch perfection
 Confident body language & vocal tone
 Drossing for impact
- Dressing for impact
 - Role-plays for interviews & networking

Ideal For: Professionals at all levels









10. Personality Development, Grooming & Power Dressing

For: Corporate professionals, leaders, entrepreneurs

Duration: 2 Day (6 hours)| **Format:** Styling + Coaching

Key Takeaways:

- Grooming & corporate dress codes
- ✓ Power dressing for influence
- ✓ Poise, posture & executive presence
- Authentic confidence building

Ideal For: Managers, client-facing roles, leadership aspirants









11. Impact of Change

For: Leaders, HR, teams undergoing transitions

Duration: 2 Day (6 hours) | **Format:** Workshops + Case Studies

Key Takeaways:

Managing emotional responses to change

- Leading teams through uncertainty
- Resilience & adaptability frameworks

Ideal For: Organizations in transformation









12. Managerial Effectiveness

For: Mid-level managers, team leads

Duration: 3 Days (8 hours)| **Format:** Leadership Simulations

Key Takeaways:

Leadership styles & decision-making

- Performance coaching & feedback
 - Delegation & motivation techniques

Ideal For: Emerging & experienced managers









13. Executive Presence Development

For: Senior leaders, C-suite, high-potential professionals

Duration: 2 Days (6 hours) | **Format:** Coaching + High-Stakes Simulations

Key Takeaways:

Commanding gravitas & credibility
 Influence in high-pressure settings
 Virtual & in-person leadership presence

Ideal For: Executives, public speakers, decision-makers









14. Corporate Team Transformation

For: Cross-functional teams, leadership groups

Duration: 2 Days (8 hours)| **Format:** Team Challenges + Strategy Sessions

Key Takeaways:

Building trust & accountability
Conflict resolution & feedback culture
High-performance team dynamics

Ideal For: Organizations scaling culture & collaboration





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15. Personal Brand Elevation

For: Entrepreneurs, executives, career climbers

Duration: 2 Day (6 hours) | **Format:** Brand Audits + Strategy

Key Takeaways:

Defining your unique value proposition
 Digital presence & reputation management
 Authentic networking & visibility strategies

Ideal For: Professionals building influence









Why Choose USTRIDE?

- Immersive, hands-on learning No theory, just real-world application
- Customizable modules Tailored to industry & organizational needs
- Certified facilitators Industry experts with proven track records
- Measurable impact Skills that translate to *immediate performance*

Ready to transform your team or career?



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Your next steps

- Discuss Needs Let's align on your goals.
- Customize Program Pick modules or design a bespoke solution.
- Launch & Transform Execute with measurable outcomes.

"The journey to excellence starts with a single stride."

– Elvina Raylon Pinto | Founder, USTRIDE